

# NEWSLETTER

Senior Campus Newsletter

Term 3 Week 2

Friday 31 July 2015

**Reminder that the new Senior School phone number is: 614 23550  
Junior School phone number is: 614 23555 (old phone numbers have been disconnected).**

## Dates to Remember

<b>Monday 10 August</b>	School Board meeting 5.30pm, P&C meeting 7pm - Junior Campus
<b>Wed 12- Fri 14 August</b>	Senior Snow Trip
<b>Wed 26 August</b>	Fete committee meeting 6pm – Junior Campus

## Principal's Report

Dear Families

I extend a warm welcome to new and returning Caroline Chisholm School families. The teachers have reported that students have commenced Term 3 in a calm and settled manner, ready to learn. This attitude is also due to the teachers being prepared to commence Units of Study immediately which establishes high expectations of a commitment to learning.



## Validation

The term commenced with the school undergoing the Validation process which occurs every 4 years. This week, the panel were in residence from Monday to Wednesday and in that time read the reports prepared by the school, interviewed parents, student leaders and staff and also visited classrooms. I would like to thank my deputies, Sally Alexander and Kris Willis, for the preparation of the reports and acknowledge their integrity with which they undertook this extensive process. Sally and Kris ensured all stakeholders had a say about our school improvement journey since the last Validation in 2011. We now await the Validation Report which I look forward to sharing with you.

## Staff

We welcome Lauren Seehars and Matt Paul to the Senior Campus teaching team. Their respective teaching areas are SOSE and HPE. At the end of last term we temporarily farewelled Ms Trish Marton who has commenced maternity leave. As the executive teacher responsible for Student Engagement, Ms Marton demonstrated strong leadership in ensuring educational programs were differentiated to cater for the learning of students who required a personalised program of learning. Ms Jade Reid has capably taken on the leadership of this important work and I welcome her to school's leadership team.

## NAPLAN

The distribution of NAPLAN 2015 student reports will occur between 18 to 22 August. The year 3 and 5 student reports will be sent home with the students whereas the year 7 and 9 student reports will be posted home. To assist parents in interpreting the reports, Australian Curriculum, Assessment and Reporting Authority (ACARA) has published a parent information brochure and a video which can be downloaded from the ACARA [Student Reports](http://nap.edu.au/results-and-reports/student-reports.html) webpage: (<http://nap.edu.au/results-and-reports/student-reports.html>).

## Awards

The Senior Campus had their first assembly of the term on Monday and it was with great pleasure that Mr Willis and I congratulated a significant number of students on achieving their Gold Awards. As there are so many, a separate list of these deserving students is contained within the body of this newsletter. The Junior Campus will have their first assembly, hosted by year 4/5 next Friday and the awardees will be acknowledged in the following JC newsletter.

## **P&C Fete – Friday 30 October, 4-8pm**

Our wonderful Fete Committee is gearing up this term to ensure our community enjoys a creative, diverse and family friendly event. Fetes are an opportunity for school communities to acknowledge and celebrate a pride and strong commitment in their children's school. And we have a lot to be proud of.

The next Fete meeting will be held in the Junior Campus staffroom on Wednesday 26 August at 6pm. Our Fete committee, comprising Julie Crimmins, Lynda Cheng and Natalie Roberts, extends a warm welcome to parents and extended family members to join them making this important event a success.

Warmest regards

**Wendy Wurfel**

## **Demolition of 'Mr Fluffy' affected Homes**

The ACT Government, with the support of experienced licensed asbestos removalists, licensed asbestos assessors and demolition contractors, with oversight from WorkSafe ACT and ACT Environment Protection Authority, have begun the process to safely demolish houses affected by 'Mr Fluffy' loose fill asbestos over the next few years.

Some of these homes are located in the same suburb as schools.

Parents and Carers who may wish to know more about the demolition process can access information from the Asbestos Response Taskforce website: [www.asbestostaskforce.act.gov.au](http://www.asbestostaskforce.act.gov.au)

## **Gold Awardees**

I congratulate the following students for their tireless efforts and believe this quote from the late and great Steve Jobs sums up their endeavours: "We don't get a chance to do that many things, and everyone should be really excellent. Because this is our life."

### **GOLD Citizenship**

Ashlee Kirkland  
Ashley Van Belkom  
Brandon Prowse  
Broadie Cross  
Chloe Batchelor  
Georgia Coulton  
Gisela Veá  
Hannah Merry  
Isaac Heslop  
Jasmine Turl  
Jessie McIntosh  
Kameron Sykes  
Kasey Lindner  
Kenny Lam  
Liam Sherer  
Nichols Haster  
Pierre Morillos  
Tabitha Ellem  
Tahlia Carne

### **GOLD Academic**

Ashlee Kirkland  
Bill Meade  
Chelsea Maybury  
Cheyarn Farmer  
Claudya Meyboom  
Eve Davis  
Jade Harlovich  
Jayden Manuel  
Jesse Pricsina  
Jordan Heddle  
Jordan Knapp  
Joshua Harris  
Kobi Sizer  
Laura Gower  
Madison Cheng  
Max Whitely  
Niobe Harris  
Riley Roberts  
Sarah Stevens  
Tiana Jitts  
Yasin Ahmed  
Zoe Podmore

## Deputy Principal's Report

Welcome back to all of our returning Caroline Chisholm School families and welcome to our new families who have joined us over the last couple of weeks. The Senior Campus has had a great start to the term with students settling back in to school habits very easily.



My thanks to the parents, students and teachers who spoke to the validation panel during early Week 2. The panel left very impressed with the strong levels of respect all members of our community display to one another, something that is not always apparent in all schools. The whole process of validation was a very affirming one and the school is now poised to write the plan for the next 4 years.

Next week sees the first session of Homework Lunch Program for year 9. This program is directly aimed at students who may require further support to engage with their work and complete learning tasks to a high standard. A reminder that students requiring further support are able to access our Senior Years Study Centre as well as homework clubs on Monday and Wednesday afternoons.

Parent Teacher night is at the end of this term for Senior Campus parents, but please don't wait till then if you wish to speak to your child's teacher. A child's education is greatly benefited when the school, parents and child work together.

Have a great term everyone

**Kris Willis**

## P&C Fundraiser

Fridge Note Holder

Available for purchase from the Uniform Shop.

Price is \$8 each or two for \$15.



## Year 6 News

We hope you had a restful and relaxing school holidays. We are very much looking forward to a productive and exciting Term 3!

Here are a few updates for this term:

**Homework** (this will not be given out in hard copy format to students but it will be discussed in class and is accessible to all students on Google Classroom, which they know how to access). Students will, however, receive a marking rubric so they can see how they will be marked.

**Term 3 Homework** - Given out on a Monday, returned on the following Monday- weeks 1-10.

Choose a topic that interests you. This can be anything from your favourite game, sport, book, movie, toy to an historical event (think *Horrible Histories*) or a scientific concept.

Research your topic. Create a poster, Powerpoint or Word document report on your topic.

Record your topic next to your name on a list in your classroom.

Present to your class on the following Monday.

\*\*Students will also receive an 'Energy Audit' to complete at home in Week 1 or 2. This will then be used in class in Week 3 as part of our Science unit on 'Essential Energy'.

**Alternative task:** If you don't want to do the above task, you are to complete a 'Word of the Week' task (similar to the word of the day task we do in class).

In your Homework book, find an interesting word and its meaning (definition), then record any synonyms or antonyms you can find.

Submit to your teacher on the following Monday for marking.

### 2) Important dates for Term 3:

Week 1 Homework due – Monday 27<sup>th</sup> July and due every subsequent Monday thereafter.

Wellness Week – Monday 21<sup>st</sup> and Tuesday 22<sup>nd</sup> September. Students will receive a note to take home about this in upcoming weeks. It involves students selecting a series of fun activities to complete over the two-day period. Activities in previous years have ranged from ice-skating to bug-catching to a trip to Wet 'n' Wild in Sydney. More details to follow.

### 3) Students will be studying the following topics this term:

- English: independent novel study and poetry. For the novel study, students will need to select a FICTION NOVEL on which they will complete the assignment.
- Science: energy and electricity
- Geography: Australia's links with Asia.
- Maths: Using Units of Measurement, Shape, Geometric Reasoning, Location and Transformation, Time, Cartesian coordinates.

We encourage you to discuss these with your child to consolidate their learning at school (and because you might find some of them interesting yourself and you might be able to add to their knowledge by sharing your own!)

Paige Wilson & Poppy Gorton

## Year 7

Welcome back to Term 3! I hope all students had a restful and relaxing school holidays.

### Important Dates

Term 3	Week 2	Thursday 30 <sup>th</sup> July – Friday 31 <sup>st</sup> July	Year 7 & 8 Ski Trip
Term 3	Week 3	Wednesday 5 <sup>th</sup> August	NAPLAN Trialling Tests
Term 4	Week 2	Wednesday 21 <sup>st</sup> October	Round 3 of immunisations

### NAPLAN Trialling Tests

Caroline Chisholm School has been selected to participate in the National Assessment Program – Literacy and Numeracy (NAPLAN) trial tests. These tests are important for the development of the final NAPLAN test items and are an integral part of the NAPLAN testing program.

The NAPLAN tests are administered by the Australian Curriculum, Assessment and Reporting Authority (ACARA). ACARA has commissioned the Australian Council for Educational Research (ACER) to conduct this year's test trial.

One class from Year 7 will be selected to complete two Writing tasks.

**Who:** Year 7 MINT

**When:** Week 3 - Wednesday 5<sup>th</sup> August 2015

**Where:** Caroline Chisholm School Library

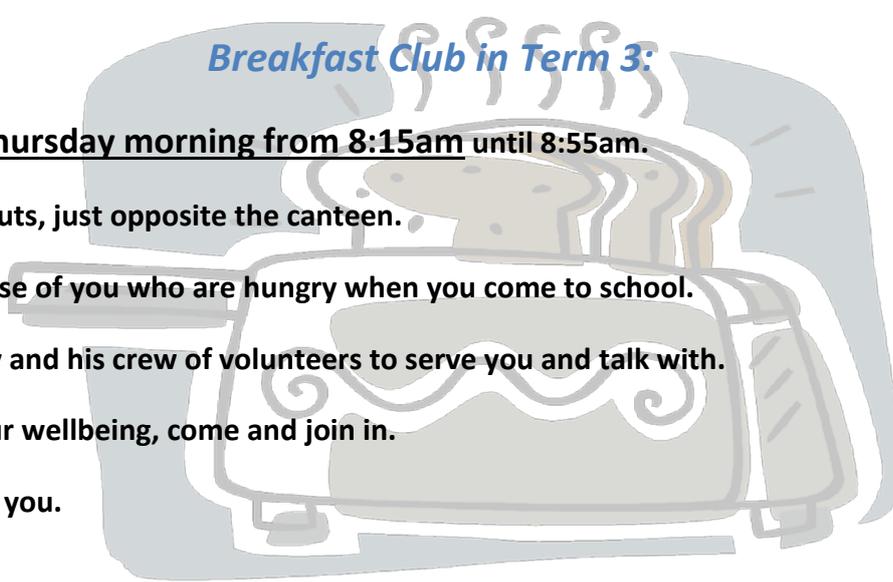
Please don't hesitate to contact me if you have any concerns or questions.

Tatjana Radulovich

Year 7 Coordinator

[tatjana.radulovich@ed.act.edu.au](mailto:tatjana.radulovich@ed.act.edu.au)

### *Breakfast Club in Term 3:*

- 
- When:** Each Thursday morning from 8:15am until 8:55am.
- Where:** In Sprouts, just opposite the canteen.
- Why:** For those of you who are hungry when you come to school.
- Who:** Chappy and his crew of volunteers to serve you and talk with.
- What for:** For your wellbeing, come and join in.
- Cost:** Free to you.

# Middle Years Report

## Homework Club

CCS runs a Homework Club on Monday and Wednesday afternoons from 3 - 4.30pm in the library. This is a great opportunity for students to work on class work, assessments, or assignments with limited distractions and supervision (and their classroom teacher is never far away). We like to book students in so that we know how many to expect and can have enough staff there to help out. Please send me an email or ask your student to come and let me know if they want to come along (but, of course we accept drop-ins).

## Things you need to know about House Points

At CCS, we expect you to be 'good kids'. There's not too much to it – turn up to school and class on time, follow the Code of Conduct and respect each other and our place for learning. **BUT**, if you go 'above and beyond', you earn House Points. House Points in Middle Years go towards your whole House and earn you awards. In Senior Years, House Points also contribute towards your iRap Tally.

**HOUSE POINT CLAIM SLIP**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Year: \_\_\_\_\_

**Generic Points**

COOINDA  MULLAYA  KARINGAL  JUMBANNA

For anything NOT listed on Points Table only 1 point can be given

ACADEMIC  CITIZENSHIP  PARTICIPATION

OR

**Specific Activities from Points Table**

For activities with a value higher than 1 Point, please refer to House Points Table. Specific description to be *copied* from the Points Table

ACADEMIC  CITIZENSHIP  PARTICIPATION

Specific Activity / Description: \_\_\_\_\_

Points allocated from table ↓

\_\_\_\_\_

Teacher initials & signature: \_\_\_\_\_

House points are earned through all the different activities kids do at school, and are organised under three categories:

**Academic** - activities that relate to learning

**Participation** - having a go at something or getting involved

**Citizenship** - activities or behaviours that contribute to making our community a better place for all.

When your teacher gives you your House Point, put the 'House Point Claim Slip' into the box at the front office for your year.

If you don't think you'll get there right away, you can always keep your House Points safe by putting them in the clear plastic sleeve in your diary.

**Be careful not to lose them!**



## School Diary

Diaries are an important part of the Middle Years. Not only are we teaching your children the subject specific content, but we're also developing a whole range of life skills. Our school diaries are a tool we use to help children keep track of the mountain of information they will receive in years 6, 7 and 8. The diary is a great tool you can use to communicate with teachers, keep up to date with school events, write sick and absentee notes and track your child's progress with homework and assignments. Please ensure you sign the diary each week as this way we know you're receiving this information.

## Year 9

Welcome back for another term! If you have any questions or concerns in regards to your student's Semester 1 report please contact their classroom teacher via email or phoning the school. Open and clear communication between school and home is vital in ensuring continuing success of students. Term 3 is always an exciting and eventful term with many events happening including the snow trip, Athletics carnival, Wellness Week and DanceFest, just to name a few.

Students have had the opportunity to choose new electives for this semester and we have done some reshuffling of the core classes to better cater to the student needs of the Year 9 cohort.

Term 3 will also see the rollout of the Homework Lunch Program at CCS which is designed to assist students who need additional support to complete set classwork. The program will be trialled by Year 9 teachers and students this term and rolled out to other year groups in the future.

Looking forward to another enjoyable term and, as always, please email or call if you have any questions.

Have a great week,

**Tim Hawke**

Year 9 Coordinator

[Timothy.Hawke@ed.act.edu.au](mailto:Timothy.Hawke@ed.act.edu.au)

## Year 10

### **Formal**

Formal notes and deposits are due now. We need to be able to cover the minimum numbers for the formal to take place, so please make sure that you confirm your student's attendance at this very important event.

### **College Visits**

Tuggeranong College will be visiting our school on the 11<sup>th</sup> of August to interview their prospective students, which will allow them to better choose their subjects.

Stay tuned.

**Michael Medveczky**

Year 10 Coordinator

[Michael.Medveczky@ed.act.edu.au](mailto:Michael.Medveczky@ed.act.edu.au)

## Students win school holiday chess titles!

**Melody McKenzie (Y6)** and **Jaykeb Brooks-Johnson (Y7)** were active competitors over the school holidays, both winning great titles! In the **Canberra Chess Challenge 8** on 10 July, Jaykeb came 5th overall out of 53 competitors, while Melody won the 2<sup>nd</sup> 11 year-old prize. The following week, in the **ACTJCL's Winter Bootcamp Allegro**, Melody won the Best Girl title for the second year in a row!



**Title Winners Melody McKenzie and Jaykeb Brooks-Johnson** (Photos courtesy of Mrs McKenzie)

Six of our students competed in the **ANU Open** on 25/26 July. This tournament is the second largest hosted by Canberra each year. Participants play seven gruelling games over the weekend, each of which can take up to two hours. In addition to being a tough mental challenge, the tournament is also mainly contested by experienced adult competitors. I was competing in the tournament myself and was very proud to have so many senior Canberra players tell me how the skill level of my students had terrified them during their games. Jaykeb Brooks-Johnson was even mentioned in a [local commentator's blog](#) for defeating three strong adult players on the first day! Congratulations to **Jimmy Zhou (Y10)**, **Jaykeb Brooks-Johnson (Y7)**, **Gisela Vea (Y6)**, **Melody McKenzie (Y6)**, **Amelia Vea (Y6)** and **Kathleen Laidlaw (Y3)** for their impressive performances over the weekend.

## HPE Update

This term, we have a new company called CrossFit SFS & one of Australia's most experienced trainers, Scott Williams, coming in Term 3 to run a tailored Professional Learning for the HPE Department to better the movement standards of our wonderful kids of Caroline Chisholm School.

With this Scott has also started his awesome Overhaul Fitness Sessions (that are NOW running Mon/Wed/Fri morning 6 - 7am in the Senior Campus Gym. (He also has another full CrossFit set up in Hume if you're really keen!)

**Scott would like to offer ALL teachers/parents/students 2 weeks FREE to attend any of the sessions here at the school or at his facility in Hume, then at a discounted rate thereafter.**

Available NOW... only a few available

**CROSSFIT**  
STRIVE FOR SUCCESS  
DEFY *your* LIMITS

**CROSSFIT SFS**  
**FREE TWO WEEK TRIAL**  
"INTRO TO CROSSFIT"

Available only to Teachers & Parents of Caroline Chisholm School after that a discounted rate of \$10 per session

**CONTACT: SCOTT WILLIAMS**  
m. 0418 695 151  
e. scott@crossfitsfs.com  
w. crossfitsfs.com

Interested in giving CrossFit a go, but nervous?  
**CrossFit is for everyone.** It is **not** just intense training sessions focused on advanced skills and lifts for advanced athletes.  
**It is a fully scalable and adaptive program and suits all ages, strengths, and abilities.**

Why not give it a try? **for FREE.**  
**We have two locations to choose from.**  
(Hume & Tuggeranong)

Sessions Running M/W/F in the Senior Campus Gym  
During the year, CrossFit SFS will be donating funds to CCS to continue improving the facilities in the Strength and Conditioning Room

Also on the 10th & 11th Oct, Scott will be running a CrossFit Competition **"the Capitals Unbroken Challenge"** here at CCS and will be donating some awesome new equipment for the school as well. He is still looking for sponsors for the event, so if you know of any business owners please let us know and Scott can contact them with a proposal...

We would love for you to support Scott & CrossFit SFS in any way, so if you or anyone you know of is interested in getting fitter, losing a few kilos, or just wants to be able to handle day to day activity a bit better, please contact Scott.

Shannon Cameron

## CCS Team Sports – Term 3

- Week 4 - Wednesday 12<sup>th</sup> August – Girls Netball (Coach – Miss Phokos)
- Week 5 - Thursday 20<sup>th</sup> August - 7/8 Boys & Girls Soccer (Coach – Mr Sewak)
- Week 6 - Friday 28<sup>th</sup> August - 9/10 Boys & Girls Soccer (Coach – Mr Sewak)
- Week 6 - ACT indoor Rock-climbing (to be confirmed)
- Week 7 - Thursday 3<sup>rd</sup> Sep - Buroinjin (Coach – Steve Dwyer)
- Week 7 - Friday 4<sup>th</sup> September – CCS 13yrs & Over Track and Field Carnival (Carnival Conveyors – Mrs Bindley & Jade Reid)
- Week 8 - Tuesday 8<sup>th</sup> Sep ACT touch 7/8 & 9/10 Boys Touch Finals (Coaches - 9/10 – Mr Hawke, 7/8 Mrs Cameron)

## Wellbeing Update

# 40 Hour Famine

Want to join the 40 Hour Famine this year?

Join our online team at:

<https://40hf2015.everydayhero.com/au/caroline-chisholm-school-act>

Find out more information from your school contacts Josephine Julian, Alyb Locus and Alison Piper or post your questions here!



## Wellness Week

Term 3 marks our Wellness Term, with a heavy focus on the 5 Ways to Wellbeing. In 2005, scientists from around the globe met in England to explore the 'Foresight project'. The project looks at how to improve mental capital and mental wellbeing through life. From here the 5 Ways to Wellbeing were published.

Give, Take Notice, Keep Learning, Be Active and Connect are essential components to maintaining health and wellbeing throughout life.

During Week 10, our students and staff will have an opportunity to partake in activities that cover one or more of these areas. I encourage all to partake in this event.

Student Activity Selections sheets are due back to the Front Office by Friday Week 3.

This year some activities include:

Monday	Tuesday – all day activities
<ul style="list-style-type: none"><li>• Archery</li><li>• Drama games</li><li>• Horse Riding</li><li>• BMX Bandit Tours</li><li>• Chess</li><li>• Soccer</li><li>• Questacon</li><li>• Board game extravaganza</li><li>• Segway riding</li><li>• Lanyon Adv. P/G</li><li>• Indoor Climbing</li><li>• Kinect Xbox dancing</li><li>• Power Kart Racing</li><li>• Kulture Break Dance Session</li><li>• Cooking items for the fete</li><li>• JC Helpers</li><li>• Movie @ Limelight</li><li>• Drain stencilling</li></ul>	<ul style="list-style-type: none"><li>• Movies &amp; Ice skating</li><li>• Floriade &amp; Galleries</li><li>• Laser Tag</li><li>• Ten-pin bowling</li><li>• Bike Riding/paddle boating</li><li>• National Art Gallery</li><li>• LBG cruise</li><li>• Bug Catching (water watch)</li><li>• 1000 paper crane challenge</li><li>• Xbox, PS3 frenzy day</li><li>• National Museum</li><li>• Mountain Biking</li><li>• Tree planting</li><li>• Zoo</li><li>• Wet n Wild</li><li>• COD competition</li></ul>

## Headspace

Headspace Canberra provides support, information and assistance for young people aged 12 to 25 years who are experiencing emotional or mental health issues and/or a substance use issue.

They often run free workshops for parents, teachers and careers of young people. I encourage you to access these workshops, as information is an invaluable resource when it comes to dealing with issues teens are facing.

You will often see your lovely wellbeing staff attending these events to get the latest information – come say hello!




**headspace**  
 Canberra  
 Street Level B, Building 18, University of Canberra,  
 170 Haydon Drive, Bruce ACT 2602  
 West Level B, Building 18, University of Canberra,  
 2009 ACT 2602  
 Tel: 02 6201 5343 Fax: 02 6201 5345  
[headspace.org.au](http://headspace.org.au)

# ed-space @

## headspace Canberra

### information seminars 2015

**What:** Free information and education seminars about mental health and wellbeing.

**Who:** For parents and carers of young people between the ages of 12 to 25 years.  
**All welcome.**

**Where:** At headspace. 170 Haydon Drive, Level B, Building 18, Bruce ACT 2601.

**When:** On the last Tuesday evening of the month, starts at 5:30pm for 6pm presentation.  
 Each presentation will run for 1 hour. Tea & coffee provided.

**RSVP P: (02) 6201 5343 E: [headspace@canberra.edu.au](mailto:headspace@canberra.edu.au)**

Date	Topic
Tuesday 30 June	Real-life Stories (panel) - Eating Disorders
Tuesday 28 July	Social media
Tuesday 25 August	Self Harm
Tuesday 29 September	Real-life Stories (panel) - Sexuality
Tuesday 27 October	Talking with Young People
3/11/15 (Special Event)	Talking with Young People- repeated at local school
Tuesday 24 November	Real-life Stories (panel) - Gender (panel)





**Details:** See our website for more details.  
[www.headspace.org.au/Canberra](http://www.headspace.org.au/Canberra)



•Presented by intern psychology students from the University of Canberra.

**We hope to see you there!**

ABN 81 833 873 422  
 headspace National Youth Mental Health Foundation Ltd is funded by the Australian Government Department of Health and Ageing under the Youth Mental Health Initiative Program.

# Late to school or having a day away...

Any variations to normal attendance should be phoned through to the Front Office as soon as possible, preferably before 9am.

Please also make sure your child is signing into the Front Office if they are arriving late to school. This is to help make sure that the correct absentee information is provided to parents/carers.

Students must also ensure they see teachers to catch up on any missed work if they are away or late to school.

Don't forget Homework Club is also available to catch up on work on Monday and Wednesday afternoons from 3-4:30pm in the Library.

As always, please do not hesitate to call or email us if you have any concerns or questions.

[Chelsea.mcglashan@ed.act.edu.au](mailto:Chelsea.mcglashan@ed.act.edu.au) or [Jade.reid@ed.act.edu.au](mailto:Jade.reid@ed.act.edu.au)

*The Wellbeing Team*

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## **ACTION Bus route in BANKS, CONDER and Gordon Expression of Interest**

ACTION buses will consider a daily school bus for our students if there is sufficient interest. Would you be interested in your child catching an ACTION bus to school daily from the Banks, Conder and Gordon areas?

Number of students: \_\_\_\_\_

Street address: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Contact No: \_\_\_\_\_

Please return this information to the Front Office.