



Caroline Chisholm School
Preschool to Year 10

An ACT Public School

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NEWSLETTER

PRINCIPAL'S MESSAGE

As parents and carers, we are undoubtedly challenged at times when our young person is faced with new and challenging situations. The best course of action we can take is to prepare ourselves with as much information as possible and develop a bank of strategies to use to support them and to follow up the concerns to reduce further harm. Our newsletter this week has been designed as a resource for families to save and come back to as needed as we work together to support the young people in our community.



Responding to Cyber Abuse

Responding to cyber abuse remains challenging for our young people, including those in the primary school years. Whether your child accesses online games such as Fortnite, Roblocks, Minecraft or social media platforms such as Facebook, Instagram, SnapChat, they are at risk of experiencing cyber abuse. Young people may not speak up in the home due to fear of the game or device being taken away, they don't know what to say, or they may not realise how harmful cyber abuse can be. Whatever the reason, we are encouraging families to be aware of their young people's online interactions. Create time at home to discuss their online interactions and support them to use the strategies they have available to them to respond to cyber abuse. The four key actions to take are collect the evidence, ignore/block the user, report through the e-safety commissioner and other necessary channels, provide support to the young person.

This is a great resource for families to support your conversations and actions at home:

https://www.esafety.gov.au/sites/default/files/2019-10/Responding%20to%20cyber%20abuse_0.pdf

Vaping – Concerns for our young people

Over the past fortnight there has been an increase in the number of students who have a vape in their possession at school. This is a significant concern as students seem to be accessing these relatively easily from the broader community and through online purchasing. Through our HPE classes, students do learn about the impacts of accessing drugs and alcohol, particularly as a teenager. There are a number of high risks associated with vaping, some of these are outlined below.

It can be hard to assess the safety of e-cigarettes and liquids because:

- there is a wide variety of devices and liquids sold
- their labels are often incomplete or incorrect
- users can change the liquid they use in their e-cigarette and how the device operates

Friday 21 May 2021
TERM 2 WEEK 5

DATES TO REMEMBER

MAY

- 24 Under 12s Regional Cross Country
- 26 JC Canteen Special Lunch
- 27 Whiterocks Outdoor Ed: class OUM-103
- 27 Year 9/10 Dance: Sydney Dance Company Workshop
- 27 Year 5 Combined Band
- 27 UNIFORM SHOP CLOSED TODAY
- 28 Closing date@11:59pm: Cookie Dough orders
- 31 Public Holiday: Reconciliation Day

JUNE

- 1&2 Birrigai Camp: class OUM-102
- 4 Highschool Combined Band
- 7 SC World of Maths
- 7&8 Birrigai Camp: class OUM-101
- 18 Last day: Student Banking @ CCS
- 21&22 Birrigai Camp: class OUM-103
- 25 Year 9/10 Drama: 7th Stage of Grieving Theatre Production

- many diseases (such as cancer) take a long time to develop.

Unknown health effects: The long-term health consequences of vaping are not known. Recent studies report serious lung damage in people who vape, and even some deaths.

Addiction: Addiction in the growing brain may set up pathways for later addiction to other substances.

Brain risks: Nicotine affects brain development. This can make it harder to learn and concentrate. Some of the brain changes are permanent and can affect mood and the ability to control impulses as an adult.

We ask that families work with us by speaking with your young people at home about these dangers and if they are vaping, what supports they may need.

Some really useful information for families can be found at the following websites:

<https://www.health.gov.au/health-topics/smoking-and-tobacco/about-smoking-and-tobacco/about-e-cigarettes>
<https://kidshealth.org/en/teens/e-cigarettes.html>

Event + Response = Outcome Reaction

Last term we introduced a new analogy to our year 9 and 10 students in relation to the choice they have of responding or reacting to events. We have now expanded these discussions into the year 7 and 8 grades and are looking to continue this work into our primary classes. This language explores the notion that an event plus a response (preferred behaviour) or reaction (less desirable action) can impact the outcome of situation. For instance, if negative interactions have occurred online, by choosing a response where these interactions are reported to the eSafety Commissioner and the subsequent account is blocked/reported/unfollowed, then the outcome can be impacted. While the outcome can never truly be controlled, by being an upstander and taking a positive response, we can impact on things that upset or offend us. By reacting with equal levels of abuse, often the outcome is that we get further upset by a 'tit for tat' situation. The same principle can be applied to many different situations from a playground disagreement or after school interaction. I encourage you to speak with your young people at home about this analogy.

We encourage families to work together to be upstanders and speak up when they see an injustice or harassment occurring. Ways to access support are detailed below:

- The eSafety commissioner <https://www.esafety.gov.au/>
- Snapchat Safety Centre <https://snap.com/en-GB/safety/safety-center>
- Safety@Facebook <https://www.facebook.com/safety>
- Instagram Community <https://about.instagram.com/community/anti-bullying>
- TikTok Safety Centre <https://www.tiktok.com/safety?lang=en>

Reminders

Finally this week just a few quick reminders.

- All applications for enrolment for the 2022 school year are now due; this includes preschool, kindergarten, year 7 and year 11. Please ensure these applications are completed by June 4 to ensure you are in the first round of offers.
- JC mid year interviews are scheduled for week 10. Please look out for the booking times to come home over the next week. It would be wonderful to be able to share in your child's growth, strengths and areas for development.
- For students in years 7 to 10 who bring Chrome Books to school, please encourage your young person to charge their device each night. This ensures that they are prepared for the day ahead. We encourage families to check in with their young people about whether or not their Chrome Book is in working condition. Unfortunately we have had a growing number of students break their devices or screens through hard handling and this has resulted in concerns regarding their preparedness for class.
- All semester one reports will be emailed home at the end of week 9. We look forward to sharing your child's progress with you.

Thank you for your ongoing support.

Jen

Year 8 – Electives

Year 8 have been busy, actively participating in a range of Elective Subjects that include Food Technology, Woodwork, Drama, Dance, Visual Art and Music. Below are a few photos and comments from students reflecting on their rich learning experiences.



“The thing I like most about Food Technology is cooking the food as it always smells good and Mr Hartley is a great teacher.” – Samuel B



“I enjoy being able to express myself in Drama and I have fun during the activities.” – Olivia T



“I have made a lot of friends in Wood Technology, it is a lot of fun. I’m really proud of the stool I made. It was quite hard to saw the metal, but I got help from Mr Hawke.” – Monique B



JC LSU

LSUC did a literacy focus on Anzac Day and created personal narratives, imagining they were a soldier, fighting in World War 1. As part of their narrative research, the students dug pretend trenches in the new sand pit and engaged in role play dialogue with toy soldiers. They also made a relief diorama, of the Gallipoli coastline where the famous battle took place.

Here is an example of one of the narratives by Riley M. Students were also asked to reflect on what they would like to remember, and what they would like to forget.

Riley M 21/04/21

Being in that hole felt like I was trapped.

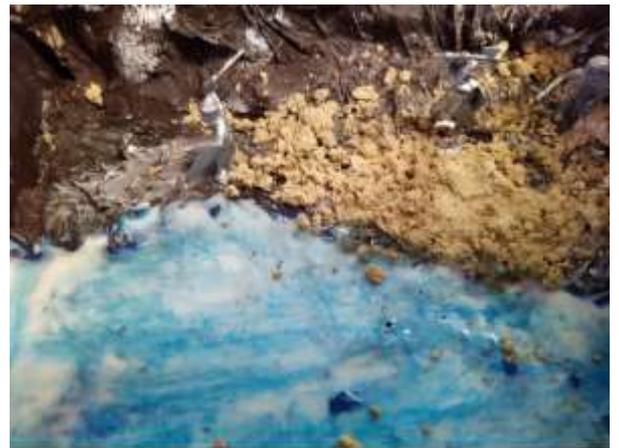
I wanted to talk to someone from home.

I was scared to put my head up because I'm scared to die here.

I'm sad I felt like I never wanted to be here.

I want to remember the time when I first joined the army.

I want to forget the time that I saw a soldier die.



Literacy

In literacy, LSUK have been working hard to improve their reading, writing, listening and speaking skills. During reading, students have been working to use their sound and sight word knowledge to read a range of controlled texts. In writing, students are working to build their sound awareness skills and to use their sound and sight word knowledge to write for a range of purposes. We are currently learning about the parts of a narrative and will soon begin planning to plan our own stories. To improve our listening and speaking, we have been holding weekly 'Show and Tell' sessions with LSUC. We love learning about the special items our teachers and classmates have been sharing with us!

Numeracy

In numeracy, LSUK have been inquiring into the different ways we measure time from seasons and months to weeks, hours and minutes. This week we created our own clocks and will be working on telling time to the hour, half hour and quarter hour.

Dragon Club

This term LSUK is hosting a "How to Train Your Dragon Club". Tadhg in our class loves dragons and enjoys sharing his dragon knowledge with others. We thought it would be a good idea to create a dragon club to find other students in the school with similar interests. As a class we designed a flier to post around the school. We thought about our target audience and wanted to use language and images that would get students excited about dragons and our club. On the first day it was held, we had forty-eight students show up! We never imagined there were so many dragon fans at our school. In our dragon club, students listen to stories about dragons, talk about dragons and learn to draw the different dragons from the How to Train Your Dragon movie series. Next term we are hoping to host a My Little Pony Club as Mia in our class loves My Little Ponies. We wonder how many pony fans we have at CCS?

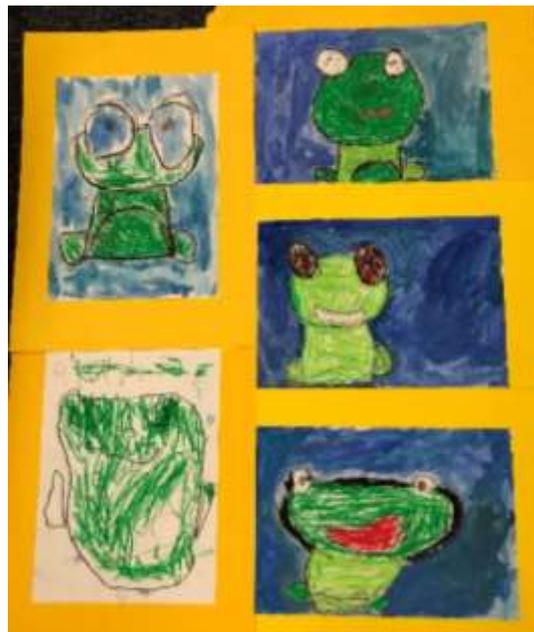


National Simultaneous Storytime: Give me Some Space!

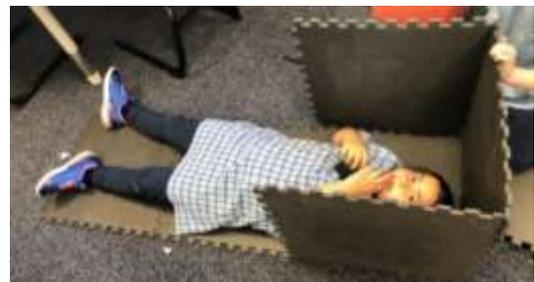
On Wednesday of this week students in the LSUs and across Australia will be participating in National Simultaneous Storytime. Every year a picture book, written and illustrated by an Australian author and illustrator, is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country. This year's book is *Give me some Space!* By Philip Bunting. As a provocation, LSU staff transformed one of our quiet rooms into a multisensory moon experience! Students boarded an imaginary rocket ship and traveled for "three days" to arrive at our "moon". The students thoroughly enjoyed climbing over the pillow craters and examining the Earth and Neil Armstrong's footprints. We can't wait for Wednesday when astronaut Shannon Walker will read the book, *Give me Some Space!*, from space!



Term 2 has provided our Kindergarten students in K/1 with new opportunities for exploring other aspects of CCS life. Many students chose to speak at our assembly last week. During break times students are exploring other play areas of the school including the oval, DG and the library. Our Year 1 students have demonstrated great responsibility in showing the Kindergarten students where to play and the school expectations of the different areas. All of our students participated in their first school carnival, running in the JC cross country last week.



Our Year 1 students have also begun to spend two afternoon sessions with other 1/2 classes. On Wednesday afternoons, they join 1/2M for Inquiry. They have been looking at the difference between natural and built features including those we find in parks. Students brainstormed their ideas of what they would include when designing a park. Our Year 1 students have also been investigating emotions with 1/2C on Thursday afternoons in the library with Miss Jill.



Together we have been exploring the text type of procedures. We have followed various procedures to create ANZAC poppies, Mother's Day craft and different artworks, including our Tiddalick inspired frogs we shared at assembly. As a class we have developed group procedural texts outlining steps for routines like packing our bags.

During our maths investigations, we have been exploring measurement. We started with investigating how we could measure our height to work out who was taller. To create a class height chart, we first estimated how tall we might be, before measuring our actual height, to create a class height chart. Our number investigations have been focussed on what numbers we can add to make 10. Kindergarten students have been counting to add groups

to make ten, while the Year 1 students have been writing these additions as simple number sentences.

This week, we also had a special visitor, Constable Kenny Koala visited CCS to talk to us about how we can Stay OK Everyday.



For student absences please send an email to:
file:\\Chisholm.absences@ed.act.edu.au

Hi CCs Community,

It is with great pride in our community and a lot of gratitude to our volunteers that we can confirm that **CCS will have a Twilight Fete this year!** We are so excited to be bringing a fete to you this year. A lot of work, paperwork, planning, calling, emailing, time, energy, effort, the list could go on, and on, goes into making an event like this happen, so we are so pleased to have the volunteers to make it happen on the night. I have contacted most of the volunteers, but there are still notes coming back to the front office, and I'm so pleased every time I see one. I will be in contact shortly! We will begin planning sessions soon. These will be separate to our regular term meetings of the P&C Committee, but just like them, they are welcome to everyone, staff, students, and parents and carers. So put the **12th of November** on the calendar and if you have any ideas about how to make this happen please consider coming along to a Fete Meeting!



Uniform Shop News: Reminder....Uniform shop will be **closed on Thursday 27 May**. Shop hours will return to usual from Tuesday 1 June 2021. Please remember to use the booking link to make an appointment, in line with current COVID protocols: <https://square.site/book/LC40YMSR86D59/caroline-chisholm-school-p-c-uniformshop-chisholm-act>

NEW! We have a selection of "factory seconds" - brand new garments with minor defects in embroidery finishes, or minor flaws in vinyl application at discounted prices. Sizes and styles vary, prices as marked.

Please keep selling your Cookie Dough tubs! So far, as a school we are doing so well, over 200 tubs already! This is a massive effort, thank you all so much, but don't stop yet, you still have 1 week. Closing date for the sale of the tubs is the **Friday 28 May at 11:59pm**. They will arrive a week or so before the holidays, easy for kids to use (under some supervision for the oven of course) and you can have a snack ready in no time and that warm, fresh baked cookie smell in your house, with little to no effort (my favourite part).

Thank you for all your contributing efforts to our school community,

Have a great weekend,
The P&C Committee

STUDENT BANKING

In Term one we notified the CCS community that the ACT Government had made the decision that all student banking will cease in ACT schools by the end of June.

As a result, the CommBank Student Banking program will no longer operate at our school after the end of this term. For more information on operating your Youthsaver account, please make contact with your local CommBank branch.

Our last Student Banking day will be **Friday 18 June 2021**. **This date is also the cut off for redeeming rewards.** If you have tokens you would like to redeem, please make contact with a coordinator as soon as possible.

In Week 10 we will offer a lucky dip to our students who have participated in student banking.

We would like to thank the families of our community who have supported school banking throughout the 30+ years it has been on offer, and in turn helped raise funds for our school. We hope that you will continue to support CCS with our other fundraising efforts during the year.

Many Thanks
Fiona and Karen
Student Banking Co-ordinators at Caroline Chisholm School

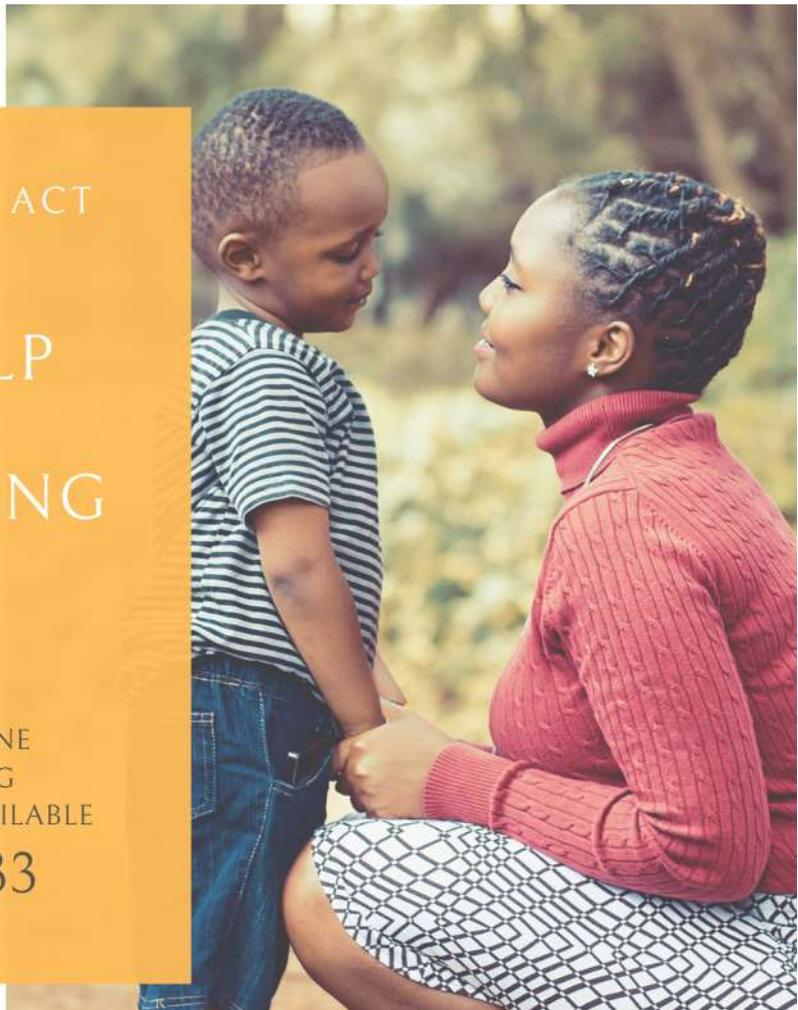
PARENTLINE ACT

WE HELP
WITH
PARENTING



FREE TELEPHONE
COUNSELLING
INTERPRETERS AVAILABLE

6287 3833



FREE EVENT

Mon 31 May 2021

Reconciliation Day

National Arboretum Canberra
10am -2pm

More than
a word.
Reconciliation
takes action.

Artwork (detail):
Lymice Church
(Ngunawal,
Wiradjuri & Kamilaroi).

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