

# MUNCHETIES ON JUNIOR CAMPUS

ONLINE LUNCH ORDERS ONLY (THURSDAYS AND FRIDAYS) - COUNTER SALES AT BREAK 2 ONLY

## SALADS

Salad bowl (g) <i>(lettuce, tomato, cucumber and carrot)</i>	small \$3.00 large \$3.50
Add cheese (g)	\$0.50
Add chicken (g) or ham (a)	\$1.00
Fresh fruit cup (g) <i>(3-4 seasonal fruits diced)</i>	small \$3.00 large \$4.00

## SANDWICHES / TOASTIES / WRAPS

**Sandwiches and wraps are made daily on the premise using wholemeal bread. Salad consists of lettuce, tomato, cucumber and carrot.**

### SANDWICHES

Vegemite (a)	\$2.50
Salad (g)	\$4.00
Add cheese (g)	\$0.50
Ham (a), Chicken (g) or Cheese (g)	\$3.50
Ham (a) or Chicken (g) with salad	\$4.50
Add cheese (g)	\$0.50

### TOASTIES

Ham and cheese (a)	\$4.00
Cheese and tomato (g)	\$4.00
Chicken and cheese (g)	\$4.00
Ham, cheese and tomato (a)	\$4.00

### WRAPS

Salad (g)	\$4.00
Chisholm Chicken (g) <i>(diced chicken breast, with salad and mayo)</i>	\$5.00
Hambidge Ham (a) <i>(ham and salad)</i>	\$5.00

## HOT FOOD

### AVAILABLE IN LUNCH ORDERS ONLY

Corn on the cob (g)	\$1.00
Snack pie (a)	\$1.20
Mini pizza	\$2.50
<i>Ham and cheese (a), ham and pineapple (a) or cheese and tomato (g)</i>	
Sausage roll (a)	\$3.50
Chicken nuggets (a) <i>(Limit of 9 per person)</i>	3 for \$2.40 6 for \$4.80 9 for \$7.00
Homemade bolognaise and spirals (g)	small \$3.50 large \$4.50
Chicken burger (a) <i>(with lettuce, cheese and mayo)</i>	\$5.00
Beef burger (g) <i>(with lettuce, tomato and cheese)</i>	\$5.00

## SNACKS

Pikelets (g)	\$0.60
Popcorn (g)	small \$0.20 large \$0.50
Sakata BBQ crackers packet	\$1.00
Vege sticks (g)	\$1.00
Seasonal whole fruit (g)	\$1.00
Apple slinky (g)	\$1.00
Fruit muffins (a)	\$1.00
Custard or yogurt tub (g)	\$1.50

## COLD FOOD

### DRINKS

Cold Milo (g)	\$1.50
Bottled water 600ml (g)	\$1.50
Just Juice (a) <i>(200ml: orange or apple)</i>	\$2.00
Moove (g) <i>(300ml: flavoured chocolate or strawberry milk)</i>	\$2.50
Up and Go (g) <i>(250ml: chocolate or vanilla)</i>	\$2.50
Chill J (a)	\$2.00

### FROZEN

Quelch 99% fruit icy pole (a)	\$1.00
Vanilla ice-cream cup (a)	\$1.50
Frozen yogurt (a)	\$2.50
Paddle Pop (a) <i>(chocolate or rainbow)</i>	\$2.00

## EXTRAS

Tomato or BBQ sauce portion (a)	\$0.50
---------------------------------	--------



- Canteen orders to be in by **8:30am**
- **ONLINE ORDERING:** Available through *Flexischools*. Go to [www.flexischools.com.au](http://www.flexischools.com.au), click 'Register Now', enter your email and follow prompts. **Load money into your online account** and order lunch by **8:30am** for that day. All payments are made via *Flexischools*, no cash ACCEPTED
- Lunches are delivered to the classroom by 11:00am.

**flexischools**  
www.flexischools.com.au



Help in the canteen is always appreciated and volunteers are always welcome :)

To find out more please contact the Canteen Manager through the JC Front Office

If your child has special dietary requirements and you would like them to be able to use the canteen please feel free to contact the Canteen Manager to see how we might be able to accommodate them.

**Muncheties is a CCS P&C run business.  
Prices are current as of Term 2 2022**