



Caroline Chisholm School  
Preschool to Year 10

An ACT Public School

Hambidge Crescent Chisholm ACT 2905 Australia  
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# NEWSLETTER

## PRINCIPAL'S MESSAGE

Friday 23rd June 2023  
TERM 2 WEEK 9

### WEEK 10

#### Monday 26<sup>th</sup>

9:10 am – 3pm Snake Rock

#### Wednesday 28<sup>th</sup>

3 /4 Excursion - Questacon

K – 10 Reports sent home

9am – 8:30 pm Dance nation  
performance at National  
Convention centre

#### Thursday 29<sup>th</sup>

9am – 8:30 Dance Nation  
performance at National  
Convention centre

### WEEK 1 TERM 3

#### Monday 17<sup>th</sup> July

First day back

#### Wednesday 19<sup>th</sup>

JC Athletics carnival

The Push-up Challenge is going exceptionally well! At the time of writing, we are 4<sup>th</sup> in the ACT (ADFA are first and, considering everything, we'll let them have their victory!) and second in across the schools. However, when you look at the per-child totals, it really is neck-and-neck!

If there is an incident between your child and another in school, please report this. I've spoken to a couple of parents over the last week who have told me that we haven't acted on an issue, only to find out it wasn't reported by the child. I know children can be apprehensive about reporting things but if there are issues, we really need to know about them so they can be addressed. Please take the opportunity to discuss this with your child and explain to them anonymity of such reports can usually be given, that they are not being a 'snitch' but are helping to build the community they want to be in, and that schools should be a safe learning space for all.

This week we have welcomed Megan and Carolyn from the Children's Education and Care Assurance (CECA) team as they conduct their assessment and rating process in our preschool. This is a process preschools, childcare centres, and after school care providers go through every few years to make sure we are complying with the national laws and the learning frameworks. There is always a little extra work we go through in preparation of these visits and I would like to commend Jen Heywood, Jill, and the rest of the Preschool staff for getting all the documentation ready for the assessment team.

This is a message for parents of students on the senior campus. Phones should not be used to take photographs or videos of others on school grounds. Schools are deemed to be private places and, therefore, anyone who takes a picture or photograph of another person on school grounds without their permission is, according to my limited knowledge of the law, committing an offence. The AFP will be in school next week to talk about this to the Year Nines and Tens, and also to speak with students about passing pictures on to others. This is part of the Think U Know program. The program addresses areas such as 'self-produced exploitation, privacy and inappropriate/unwanted contact, online grooming, image-based abuse and encourages help seeking behaviour'. For more information on this, please refer to: <https://www.afp.gov.au/what-we-do/crime-types/child-protection/thinkuknow>

This will be my last message to you before I head back to 'my' school next term. I would like to take this opportunity to thank the amazing staff we have here at Caroline Chisholm. They work really hard, are totally committed to the children, and have made me feel very welcome in my short time here. The students have also been wonderful, ready to share insights into their lives, have a laugh and a joke, and also reflect on their journey into adulthood. I wish them every success in their future endeavours. In my short time here, I haven't had the chance to get to know all of the parents but, those I have had contact with, have all been very supportive, helpful, and just wanting the best for their children. We can't ask any more than that! Thank you all again, I hope you get to spend some quality time with your children over the forthcoming break from school.

Warm Regards

Chris Jones

## **JC SCIENCE NEWS**

### **KINDY, YEARS 1**

Autumn and the start of winter is a lovely time of the year to be exploring outside. The students have been busy defining, sorting, comparing, and contrasting living and non-living things.



### **YEARS 3 /4**

Students in year 3/4 have been investigating chemical states of matter. What better way to do this than cook! Students have been exploring solids, liquids, and gases and the essential reversible and irreversible changes they go through.

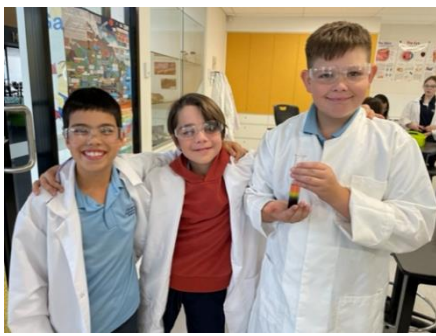


### **YEARS 5 /6**

We have been very lucky this term to be able to use the wonderful resources available to us at the Mungga-iri Jingee Academy of Future Skills. Thank you to Paula Taylor for such a great program. Students were introduced to laboratory safety and experienced hand-on science experiments and investigations. We used tests to identify chemical substances and explored chemical reactions.







## **JC PE NEWS**



At the start of term 2, K-6 continued AFL. After spending 6 weeks learning and refining our AFL skills in term 1 it was game time. We completed two very successful weeks of AFL games, it was a fantastic way to put our new skills into game situations. Our new Sporting School sport this term is tennis. All year levels are participating in age-appropriate tennis lessons. Students are enjoying the tennis and each week we are controlling the ball more and getting less balls on the roof! Tennis will be one of the sports we will revise in Term 4 so we can master serving and longer rallies.



Preschool are continuing to participate in gross motor and Gymbaroo each week. Their enthusiasm and perseverance when trying new skills is wonderful to see.



## **JC MUSIC NEWS**

### **Song Writing Competition**

Earlier in the term I ran a song writing competition around the theme 'In Dreams'. I was blown away by the songs that were presented and extremely impressed that students had already chosen to form bands to play their song. After choosing a short-list of performers and rehearsing we held a concert for the whole school, where a secret panel of judges listened to decide the best song and the best performance. It was very difficult to choose only two winners but, in the end, the Best Song went to Lujain Asfour, Zainab Souweid and Vanshika Malhotra and the Best Performance went to two of the youngest performers, Max Biernat and Jackson Walton from Kindergarten.



The audience were very supportive and respectful, and students were also treated to a special teacher performance!! I can't wait until the next competition in Term 4.



## Preschool Music

This term I have started taking the preschool classes over to the music room to experience playing a range of different instruments. They have had an amazing time singing and using 'boomwhacker', 'chime bars', and drums to create music. We have been practising singing to our bee friend 'Herman' with the song *Bee Bee Bumblebee* and created an autumn soundscape with the song *Rain of Leaves*. We have just started learning to sing *Yellow Submarine* and experimented with the big, bass drum.

Jordan



## FLEX SPACE NEWS

Students in the flex space have had a busy term 2. They have had been involved in several different school and extracurricular activities. Students in Year 9 and 10 have been involved in outdoor education excursions including consolidating their roping and climbing skills, participating in surfing opportunities at the beach. Students in Year 7 and 8 went to Douglass Park, pushing themselves out of their comfort zones and working in small groups to support each other. They have continued to embrace house and school spirit through their participation in the cross-country carnival and the daily push up challenge.

Students in Year 7 have continued to provide leadership and working with the junior campus LSU students. Miss Claire has run art lessons using clay. The students have created artefacts for the space. They are currently working on creating gargoyles after exploring their historical impact.







The year 7 students have also run touch football sessions for the junior campus students, leading the skills and implementing these into games. At the end of Term 1, students were given the opportunity to participate in the All-Abilities Gala Day at the Dome. They participated in a range of sports including table tennis, basketball, tennis, lawn bowls, futsal, cricket and wheelchair football which was the favourite.



Year 7 English students have been exploring autobiographies. We have been reading the book 'Heart Strong'. This has given students the opportunity to explore how the language used helps the audience understand the impact of the autobiography. They have written their own autobiographical story based on a significant event in their lives.

Year 8 English students have read the book 'The Hate U Give', exploring the different perspectives and how 'THUG' is a coming-of-age novel. They have chosen a theme from the book and created a thesis statement and wrote a mini essay using evidence to support their statement. In our Year 7 and 8 Maths lessons we have been looking at consolidating their knowledge around number, as well as exploring fractions. Whilst exploring fractions we have looked at adding and subtracting fractions with the same and different denominators as well as looking at equivalent fractions.

Year 7 Students put their bike skills to the test at the end of last term, using the beautiful weather to practise our skills on the bike track. They consolidated these individual skills, encouraging and supporting their peers. They were able to combine the skills and push themselves outside their comfort zone. We look forward to continuing to build on these skills.



## **YEAR 10 NEWS**

### **Formal Fundraising**

This semester Year 10 have been working hard to raise money for the Formal. They held a sausage sizzle at the Cross-country Carnival, conducted a Trivia Night alongside the Year 9 Hospitality students and hosted a Mufti Day with a Cake Stall provided by our Food Technology students.

A big thank you to Ms Briggs, Ms Catchpole, Ms Kumar, Mr Wray and Mr Hartley for supporting the Year 10s and providing them with awesome opportunities to raise funds.



## **CAREERS**

### **School leavers program for students with disability**

Disability organisation Koomarri is launching a school leavers program which will run from July to December 2023 to help school leavers with disability move from school to work and meet their employment goals.

The program begins with 10 weeks of group-based discovery work, with topics including personal strengths, disability-related strengths, customer service essentials, resume writing, time management and emotional regulation in the workplace. This is followed by a 10-week work experience placement, including transport.

For more information, please read [Koomarri's school leavers program information pack \(1 MB PDF\)](#) and register your interest through the [school leavers program expression of interest flyer \(830 kb PDF\)](#).

Contact Christina Myers on [christina.myers@act.gov.au](mailto:christina.myers@act.gov.au)

## **BECOME A MEMBER OF THE SCHOOL BOARD**

Do you know someone who would be a great addition to our school board or another school board in the ACT?

The Education Directorate is seeking expressions of interest from people to fill the position of "Appointed Member" on ACT public school boards. Expressions of interest will be used to fill vacant positions in schools across the ACT.

All ACT public schools are required to have a school board. The school board is responsible for overseeing the strategic direction and priorities of the school within the framework set by the Education Directorate. Generally, school boards consist of:

- the school's principal
- three parents and citizens members
- two staff members
- two student members (at high schools and colleges)
- one Appointed Member, and
- up to two Board Appointed Members (if any).

The appointed member is usually someone from outside the immediate school community who is interested in and committed to public education. They bring an independent voice to board decisions. Appointments extend for a period of up to two years and an appointed member may be re-appointed at the conclusion of their term. People interested in becoming an appointed member on a school board should complete the expression of interest form [online](#) and return it to the School Boards Team in the Education Directorate via email: [EDUSchoolBoards@act.gov.au](mailto:EDUSchoolBoards@act.gov.au) Expressions of interest for this recruitment round will be open until COB Monday 10 July 2023.





**Is your teenager or pre-teen showing symptoms of depression or anxiety or using self-harm to cope with the pressures of life? Come to the PERKS Parenting Seminars for information and coping strategies - four seminars over four weeks.**

**This free seminar series is aimed at parents and carers of adolescents experiencing mental health issues and are designed to improve knowledge of adolescent development, anxiety, depression and safety planning, self-harm, anger and family conflict and school refusal. The seminars will improve confidence in using coping and positive communication strategies to parent a teenager experiencing mental health issues.**

**Facilitated by social workers and school counsellors, Sarah O'Sullivan and Katherine Sharp with presentations from CAMHS and the Conflict Resolution Service.**

Register for Seminars via link : <https://www.eventbrite.com.au/e/perks-parenting-seminars-tickets-641700221637>



## LIBRARY AND BUILDING TRUST FUND DONATIONS

Now is the perfect opportunity to make a tax-deductible donation before the end of financial year next week. Contributions received for our Library Trust fund are directly spent on replenishing resources in our libraries and put towards maintaining current resources for our staff and students. Contributions received for our Building Trust fund will be put towards new construction or maintenance of our existing buildings across our dual campus. All contributions can be paid directly into CCS's bank.

For more information, please contact the SC front office on 6142 3550.

## CANBERRA KIDS' WOODWORK HOLIDAY WORKSHOPS ARE BACK!

Come and build some awesome projects with Two Sheds Workshop this July.

Workshops for kids 7yrs+, no experience needed. Check out the range here: [www.twoshedsworkshops.com.au](http://www.twoshedsworkshops.com.au)

**CANBERRA**  
JULY SCHOOL HOLIDAYS  
KIDS WOODWORKING WORKSHOPS

Monday 3rd July morning /// Swords  
Monday 3rd July afternoon /// Ping Pong Propulsion Perpetuators  
Tuesday 4th July morning /// Ping Pong Propulsion Perpetuators  
Tuesday 4th July afternoon /// Shields  
Thursday 6th July morning /// Spoon Carving 9yrs +  
Thursday 6th July afternoon /// 3 hour Sword Making  
Friday 7th July morning /// Bird Feeder 9 yrs+  
Friday 7th July afternoon /// 3 hour Toolboxes

## HOLIDAY HAPPENINGS™



The next Holiday Happenings edition is now available online.

To see the *Programs, Activities & Events* happening these holidays go to:

[www.holidayhappenings.com.au/online-booklet](http://www.holidayhappenings.com.au/online-booklet)



## BILLIARDS & SNOOKER ASSOCIATION OF THE ACT JUNIOR SNOOKER COACHING CLINICS



Clinics will be over 5 days July 3<sup>rd</sup> to 7<sup>th</sup> JULY  
Girls and Boys aged 8 to 11 from 10am -12 noon.  
Girls and Boys aged 12 to 15 from 2pm - 4pm.

Those who wish to attend a Coaching Clinic are required to attend a **REGISTRATION and INFORMATION SESSION**

to be held on  
**SATURDAY - 24<sup>th</sup> June.**  
at CSCC – WODEN from 2pm – 4pm.

Please note that prospective participants must be accompanied by a parent or guardian when registering for a place in the Snooker Coaching Clinic.

Enquiries – 0481944593

BSAACT is proudly supported by the ACT Government



## YWCA CANBERRA YOUTH PROGRAMS WINTER SCHOOL HOLIDAY PROGRAM



The YWCA Canberra Youth Programs Team provides a **FREE** school holiday program to young people aged 10 to 25 in Tuggeranong.

**Email to register** activities will be run from the Mura Lanyon Youth and Community Centre, 22 Sidney Nolan Street, Conder. You must email us to register to attend, [youth@ywca-canberra.org.au](mailto:youth@ywca-canberra.org.au).

**For excursions**, the bus will pick up and drop off at the Mura Lanyon Youth and Community Centre. Excursions require a signed permission form, which are available on the website.

Get in contact for more information:

[www.ywca-canberra.org.au](http://www.ywca-canberra.org.au)  
[youth@ywca-canberra.org.au](mailto:youth@ywca-canberra.org.au)  
(02) 6185 2090

@ ywacanberra\_youth YWCAclubhouse



# MAKER 2 MARKET

## BUSINESS TASTER EXPERIENCE

Three-day full business cycle  
experience for creative teens



### ARE YOU A CREATIVE TEEN?

### LEARN ENTREPRENEURIAL SKILLS + MAKE YOUR OWN CASH

Come and flex your entrepreneurial skills and try your hand at a real-world experience creating a micro-business, hand-made products, and a market day @ Old Bus Depot Markets selling products to customers!

#### JULY PROGRAM:

**2-day workshop:** Thurs, July 13+ Fri, July 14 @ Canberra University, Faculty of Arts and Design, Bruce. 9.30am - 4pm (both days).

**Market Day:** Old Bus Depot Markets, Kingston on Sunday, July 23 from 9.00am - 2.30pm.

**BOOK: [www.edii.com.au](http://www.edii.com.au)**



<https://www.eventbrite.com.au/e/maccas-masterclass-holiday-clinic-2023-registration-622176285017?aff=oddtcreator>

## Circle of Security

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you.

The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

This course is aimed at parents with children aged 0-10.

### Dates:

Thursday 20th July  
Thursday 27th July  
Thursday 3rd August  
Thursday 10th August  
Thursday 17th August  
Thursday 24th August

**Time:** 12pm-2.30pm

**Location:** Woden Community Service - 26 Corinna St, Phillip



Please contact Vanessa Agudo on 62219518 or [fcu@wcu.org.au](mailto:fcu@wcu.org.au) to register.







**KYUP!**  
PROJECT

**TEEN GIRL EMPOWERMENT**

# SELF WORTH SELF DEFENCE WORKSHOP



**1 July 2023**  
**2:00-5:00 PM**



**AIS Combat Centre**  
**26 Leverrier St, Bruce ACT**

**ALL GIRLS  
WELCOME  
AGED 13 - 19**

## CONFIDENCE BOOSTING KYUP! POWER COMING TO CANBERRA

Award winning martial artist, Mel Thomas will share personal safety tips, scripts and self-defence techniques any teen can use, no matter her size or skill level.

Using relatable examples of real-life scenarios – such as public transport, public places and parties this fun, safe, hands-on workshop focuses on setting boundaries and responding to conflict.

Participants learn how to:

- Replace fear with confidence
- Trust their instincts and make smart choices
- Use the power of their voice to defuse dangerous situations
- Get away from a situation that doesn't feel right
- Fight back when needed
- Break the cycle of violence and know their worth



### MEL THOMAS

**The driving force behind  
KYUP! PROJECT**

As Australia comes together to try and address our current epidemic of domestic violence, one woman is using her own experience to help empower young people to find their voice and learn about positive relationships.

Mel Thomas is a writer, speaker, media commentator, mother of two girls and champion black belt with more than 20 years of martial arts experience in Hapkido, the Korean art of self-defence.

In 2013, Mel founded the KYUP! Project in response to a wave of child-on-child assaults and family violence reports in her local area.

Pronounced KEY-UP! and named after a martial arts power shout, KYUP! is giving girls a voice.

**"Mel embodies passion and strength and shares my goal to assist all girls and women to fulfill their potential."**

**LAYNE BEACHLEY**  
7 x World Surfing Champion



As featured on:

